VACCINATE LET'S DO THIS

COVID-19 VACCINES:
What you need to know

Unsure about getting the COVID-19 vaccine

- It is normal to have questions.
- Vaccines have ended pandemics like polio and measles. Babies and children get them to prevent these and other diseases.
- COVID-19 vaccines are safe and are already saving lives in many countries.

COVID-19 vaccines are safe and effective

- Of 2 billion people vaccinated only a very small number had a serious side-effect.
- Vaccines protect against severe COVID-19 illness and death. Vaccines are already saving thousands of lives.

How does the vaccine work?

- The vaccine trains your immune system to recognise the coronavirus.
- If you then get COVID-19, your immune system will spring into action and prevent you from getting severely ill.

Why do I need the vaccine?

- There is no cure for COVID-19.
- Vaccines will protect you against getting very sick or dying from COVID-19.
- Being vaccinated is our best protection against more 'waves' of COVID-19 and return to a more normal life.
- The more people that are vaccinated, the less chance the virus has to make people sick.
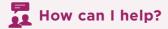
Will the vaccine give me COVID-19 or make me sick?

- No, the vaccine does not contain the virus and will not give you COVID-19.
- Many people experience mild side effects like headache and fever. These start around 6 hours after vaccination and last 1-2 days.
- These show the immune system is preparing to fight COVID-19.

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Send the word **'REGISTER'** to **0600 123 456** on WhatsApp or dial ***134*832#**. For support to register, call **0860 142 142** or visit **www.westerncape.gov.za**
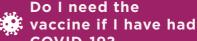
? How do I get a vaccine?

- We cannot vaccinate everyone at once.
- Those at greatest risk of severe COVID-19 are being vaccinated first.
- To get vaccinated you can register by sending the word 'REGISTER' to 0600 123 456 on WhatsApp or dial *134*832# (free from any SA network) or on the website: https://vaccine.enroll.health.gov.za
- If you cannot register, go to a vaccination site near you for help. Take your ID with you.

How can I help?

- Help to register people who qualify for vaccination, especially if they do not have a smartphone or cannot access the internet.
- Get your information from trusted sources. For more information please visit https://coronavirus.westerncape.gov.za/vaccine/

Do I need the vaccine if I have had COVID-19?

- Yes, natural immunity from infection is not as strong or long-lasting.
- You can have a vaccine 30 days after developing COVID-19.

How soon after my vaccination am I protected against COVID-19?

- 4 weeks after a one-dose vaccination (Janssen or JnJ).
- 2 weeks after the 2nd dose of a two-dose vaccination schedule (Pfizer).

Vaccines are not 100% effective.
Continue COVID-19 precautions:

- Wear your mask
- Wash your hands
- Keep a safe physical distance from others
- Avoid crowds and confined places

Let's work together to end severe COVID-19. Get vaccinated as soon as you are able to. Help others to get vaccinated.

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