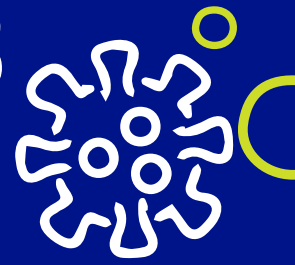











## COVID-19 death analysis




# Top three comorbidities per age group:






20 – 39 years	
	30% diabetes
	25% HIV
	20% Hypertension

40 – 49 years	
	51% diabetes
	33% HIV
	28% Hypertension

50 – 59 years	
	70% Diabetes
	63% Hypertension
	27% HIV

60 – 69 years	
	74% Hypertension
	58% Diabetes
	8% HIV

70 years and older	
	58% Hypertension
	46% Diabetes
	29% Chronic Kidney Disease



### Tips to manage comorbidities to reduce risk of COVID-19 infection

- Avoid gatherings (crowded places), stay at home
- Continuing with your treatment
- Maintaining a healthy lifestyle and eating habits, exercise regularly
- Reduce personal exposure to tobacco smoke
- Control your blood pressure
- Check and monitor your cholesterol
- Wear a cloth mask and always follow the golden rules of good hygiene (a mask alone is not enough).



Western Cape  
Government

LET'S **STOP** THE SPREAD