



# Be coronavirus safe at school

## Take breaks safely



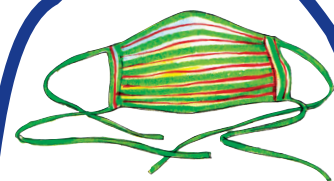
### Clean your hands often

Always clean your hands when:

- When leaving and returning to class.
- Before and after removing your mask.
- Before and after eating.

### 5 Golden Rules

1. Wash hands
2. Don't touch face
3. Keep 1,5m apart
4. Cover your cough
5. Sick? Stay home



**Always wear  
a mask**



### Keep your distance

- Keep 1,5 metres away from others.
- Avoid sitting in close groups.
- Do not play physical contact games.
- Do not share food or drinks.
- Avoid hugging and giving high fives.



### Handle your mask safely

- Remove your mask carefully without touching the outside. Only touch the straps to remove it.
- Store your mask in a clean paper/plastic bag with your name on it.
- Put your mask back on as soon as you have finished eating or drinking.
- Wash your hands well after removing your mask and after putting it back on.



Western Cape  
Government

*Back to*  
**School**

**STAY SAFE.SAVE LIVES.**