

Indlela yovavanyo IweCOVID-19 kwiCape Metro



Ngenxa yokunyuka kakhulu kamanani abantu abaneCOVID-19 kwiMetro kufanele ukuba sizigcine izinto zokwenza uvavanyo ukulungiselela abantu abasemngciphekweni kakhulu wokuba bangafumana le vayirasi baze bayisasaze, kunye nabo bangathi babe kwimeko embi kakhulu xa benokufumana iCOVID-19 ngenxa yezigulo abanazo.

Uya kwenziwa uvavanyo ukuba:

1. Ulaliswe esibhedlele kwaye uneempawu zecoronavayirasi
2. Uneminyaka engaphaya kwama-45 ubudala kwaye uneempawu zecoronavayirasi
3. Ukubo nabuphina ubudala ngokweminyaka, uneempawu zecoronavayirasi kwaye unesinye okanye nangaphezulu kwezi zigulo zilandelayo
 - Isifo seswekile
 - ITB
 - IHIV
 - Isifo sezintso
 - ihigh-high
 - Ukunyango lwesifo semiphunga esingapheliyo (umz. isifuba esingapheliyo, i-emphysema, nebronkayithisi engapheliyo)
 - Ukunyango lwesifo somhlaza
4. Uhlala kwindawo yononophelo okanye kwikhaya labadala kwaye uneempawu zecoronavayirasi
5. Ungumsebenzi wezempilo kwaye uneempawu zecoronavayirasi

Bonke abantu abangena kwiziko lezempilo baya kujongwa (bayakubuzwa imibuzo) kodwa ngabaneempawu bodwa nabo banenye kwezi zinto zingentla abaya kwenziwa uvavanyo

HLALA UKHUSELEKILE

**YIYA
PHAMBILI**



**URhulumente
weNtshona Koloni**

EzeMpilo

Uyagula? Hlala ekhaya uze ufowunele ku-**080 928 4102**
okanye utyelele ku-**www.westerncape.gov.za**