

Ukusebenzisa isithuthi sikawonke-wonke

Zikhusele wena nabanye abantu kwicoronavayirasi (COVID-19)

iCOVID-19 iyafana neflu, ibangela ukukhohlela, ifiva, umqala obuhlungu, ukutyhafa, nezihlunu ezibuhlungu.

Xa umntu oneCOVID-19 ekhohlela okanye ethimla, ushiya intsholongwane kwimiphezulu yezinto nasemoyeni. Ungayifumana iCOVID-19 ukuba:

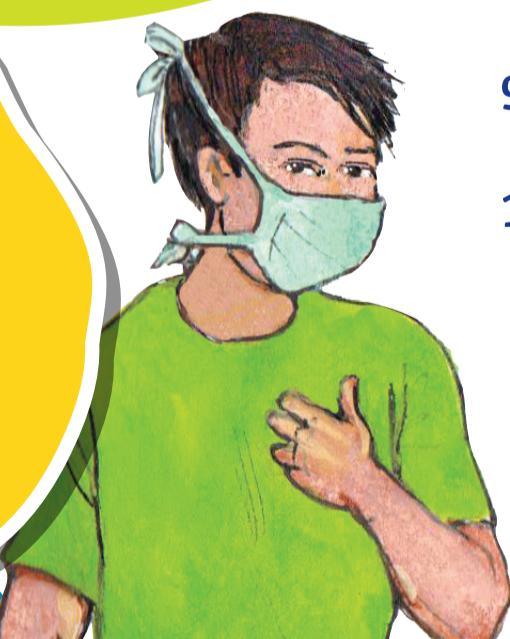
- Ubamba lempiphezulu uze uphathe ubuso bakho, amehlo, impumlo okanye umlomo okanye
- Usondele kakhulu kumntu onecoronavayirasi wangaphantsi kwala mgama uyi (1,5 iimitha).



Xa usebenzisa isithuthi sikawonke-wonke, uba nokubambelela nokugilana okungacetywanga nabantu abaninzi. Oko kungandisa amathuba okufumana iCOVID-19.

Imigaqo emihlanu esisiseko yoCoceko

1. Hlamba izandla
2. Sukuzibamba ubuso
3. Gcina umgama
4. Gquma umlomo xa ukhohlela
5. Uyagula? Hlala ekhaya



Ngalo lonke ixesha nxiba imaskhi yakho xa usiya phakathi kwabantu abaninzi.



Sebenzisa imaskhi yelaphu ngokukhuselekileyo

1. Hlamba izandla ngaphambi kokuba uyinxibe.
2. Qinisekisa ukuba imaskhi igquma impumlo nomlomo.
3. Musa ukuyiphatha imaskhi wakuba uyinxibile.
4. Musa ukubolekisa ngemaskhi kwabanye abantu.
5. Yikhulule imaskhi ukuba imanzi.
6. Phatha imitya kuperha xa uyikhulula.
7. Hlamba izandla ngoko nangoko emva kokuyikhulula.
8. Yihlambe imaskhi ngamanzi nesepha.
9. Yomise uyi-ayine ukubulala iintsholongwane.
10. Yiba nemaskhi ezi-2 ubuncinane ukuze ngalo lonke ixesha ube nayo imaskhi ecocekileyo nelungele ukusebenza.

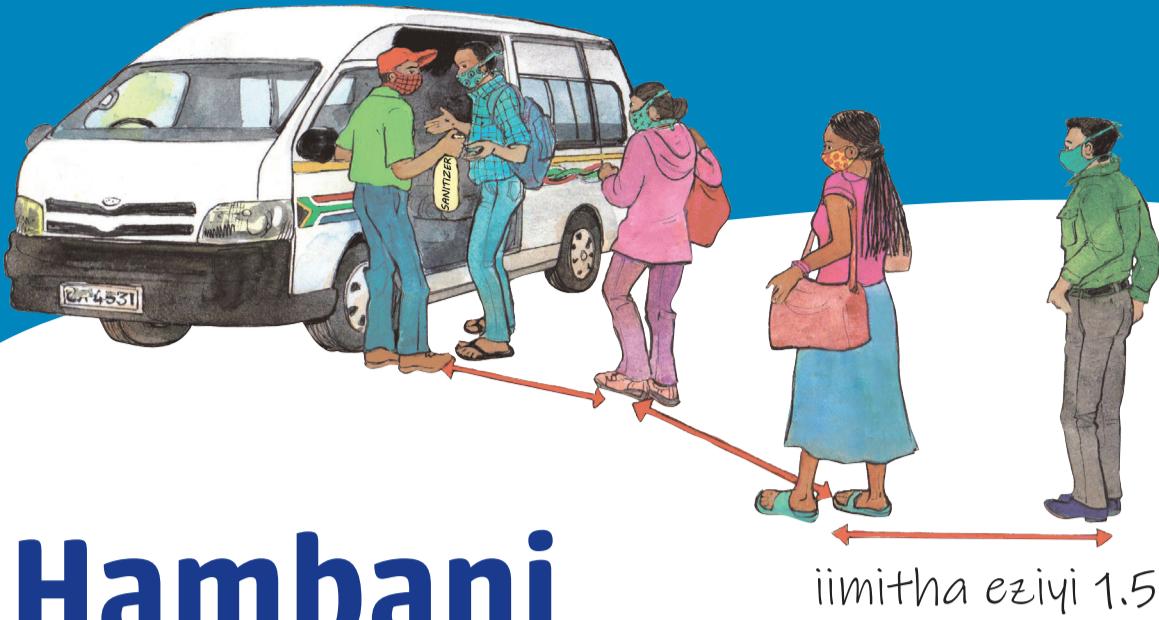


URhulumente
weNtshona Koloni

STOP

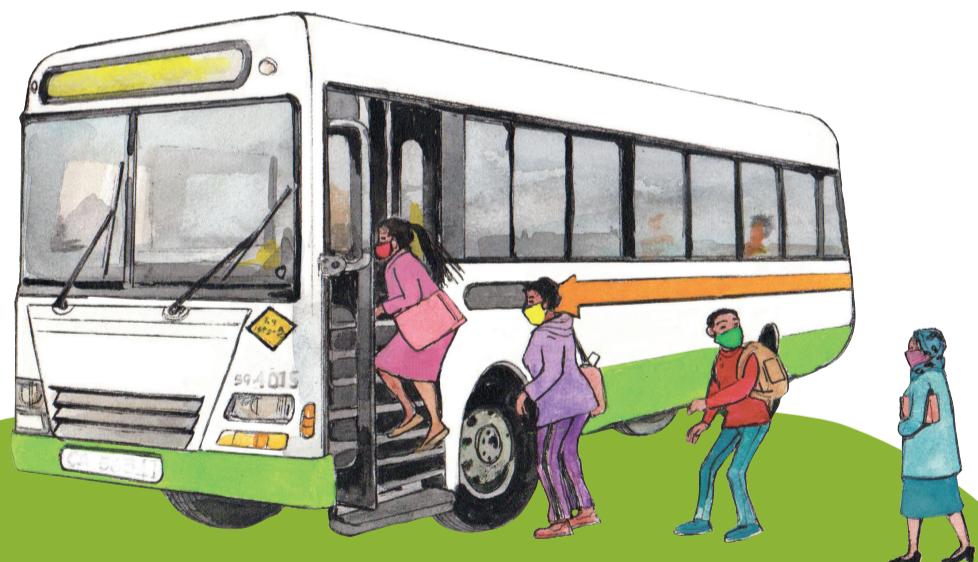
UKUNWENWA KWALE NTSHOLONGWANE

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Hambani kakuhle nikhuseleke

- Xa ulindile kwityhu, umgama ophakathi kwakho nabanye abakhweli mawube yi1,5 iimitha.
- Sukubamba iindawo zokuvula amacango, iintsimbi zokubambelela neefestile.
- Sukubamba abanye abakhweli.
- Hlalela kude kwabanye abakhweli kangangoko unakho.
- Makungabikho mntu umileyo ebhasini.
- Zama ukuba ungabambi zindawo namiphezulu.
- Sebenzisa isanithayiza emva kokudlulisa imali.
- Hlamba izandla zakho iisekondi ezingama-20 xa ufika kule ndawo uya kuyo.



- 24 HOURS** iNational Hotline: 0800 029 999
- 24 HOURS** iProvincial Hotline: 021 928 4102
- 24 HOURS** iNational WhatsApp: 0600 123 456

Inani labantu abavumelekileyo ukukhwela eteksini:

- kwimoto ekhwelisa ama-23 abantu: makukhwele i-15 labakhweli
- ekhwelisa i-16 labantu: makukhwele i-10 labakhweli
- ekhwelisa i-11 labantu: makukhwele abakhweli abasi-7



Inani labantu abavumelekileyo ukukhwela ebhasini:

- kwibhasi eyi-9m: abakhweli mababe ngama-24
- kwibhasi eyi-12m Volvo bus: abakhweli mababe ngama-42
- kwibhasi eyi-12m Scania bus: abakhweli mababe ngama-47
- kwibhasi eyi-18m: abakhweli mababe ngama-58



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