

LET'S **STOP** THE SPREAD

# CORONAVIRUS



## Hand Washing

Washing hands with normal soap and running water works best.



Hand sanitizer (with more than 60% alcohol)

can be used in between hand washing.

- If the hand sanitizer **DOES NOT HAVE AT LEAST 60%** alcohol it will not be effective.
- If hands are dirty, they **MUST** be washed before applying hand sanitizer otherwise the sanitizer will not be effective.



**!!!! CAUTION !!!!! DO NOT** swallow or drink hand sanitizer.

For people without access to piped or running water. If access to a **SHARED tap** is available, the following method could be used:

1. Make a hole in the lid of an empty plastic bottle (coke bottle, empty water bottle, etc.).
2. Carefully fill the bottle with water.
3. Screw on the cap with a hole in it.
4. Wet your hands with a little bit of the water.
5. Apply soap and rub all over your hands to create a foam/lather.
6. Use the remaining water to rinse through hole in the lid of the bottle.

### Build a "Tippy Tap"

Easy-to-build makeshift tap that requires sticks, rope and a larger plastic container. This will still require access to water to refill the container.



1. Make a hole in a 5L plastic container



3. Hang container on a branch or pole



5. Stand on the plank and wash your hands with soap and water



2. Tie a string from the lid to the floor



4. Tie the string to a plank on the floor and tie soap to the pole

# STAY AT HOME THIS IS IMPORTANT

24 National Hotline : 0800 029 999

24 Provincial Hotline : 021 928 4102

24 National WhatsApp : 0600 123 456



Western Cape  
Government



FOR MORE INFORMATION: [www.westerncape.gov.za](http://www.westerncape.gov.za)